# **Basic concepts**

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# To define the basic concepts in statistics

### To understand the differences in between the variables

### **Definition of epidemiology**

#### **Study of the distribution and determinants**

(causes) of health-related states or events in

specified human populations, and the application

of this study to control of health problems.

Source : J.M. Last, A Dictionary of Epidemiology 2001

### **Clinical medicine**

### INDIVIDUAL

- Target :
  - People with disease (patients)
- Actions :
  - Diagnostic
  - Treatment

Objective: Recover the patient health status

Epidemiology **GROUP OF** PEOPLE Target : People with disease People without disease Actions: Describe - Analyse - Evaluate Objective: Control and prevention at community

level

# **Roles of epidemiology**

### Describe: Observation

- Knowledge: what, who, when, where
- Frequency of health status
- Distribution of health status:gender age, race, geography...
- Hypothesis

#### Analyse: Comparing observed events

- Analysis of risk factors
- Understanding: why, how
- Proposal of prevention strategies

### Evaluate: Comparing controlled events

• Measure efficacy of an action: new treatment, prevention strategy...

# **Statistics: Definition**

Statistics is the science of collecting, organizing, **summarising, analysing,** and making inference from data

#### **Descriptive stat.**

collecting, organizing, summarising, analysing, and presenting data

#### Inferential stat.

Making inferences, hypothesis testing Determining relationship, and making prediction

#### **Descriptive epidemiology**

**Analytical epidemiology** 

### **Elementary Concepts**

Observational vs. experimental research.

- In observational research we do not (or at least try not to) influence any variables but only measure them and look for relations (correlations) between some set of variables.
- In experimental research, we manipulate some variables and then measure the effects of this manipulation on other variables.

#### Variables:

- Variables are things that we measure, control, or manipulate in research.
- They differ in many respects, most notably in the role they are given in our research and in the type of measures that can be applied to them



### **Types of Variables** Continuous Variables

- Numeric values with infinite number of values possible.
- Examples:
  - weight
  - temperature
  - blood pressure
  - time

May be converted to categorical or ordinal

### **Types of Variables** Discrete Variables

- Numeric values with only certain values possible.
- Examples:
  - Epidemiological weeks
  - Number of children

May be converted to categorical or ordinal

### **Types of Variables Categorical Variables**

- Organized into category
- No necessary order
- No quantitative measure
- Examples
  - male, female
  - race
  - marital status
  - treatment A and treatment B

## **Types of Variables** Ordinal variables

Ranked or orderedExamples:

- strongly agree, agree, disagree
- worse, no change, better
- 1st place, 2nd place, 3rd place